



FREE OPEN HOUSE - JANUARY 26, 2019

Garden City Community Centre - 725 Kingsbury Avenue

9:00 am & 9:30 am - 16 months to 2 1/2 years (Multi-Sport Parent & Tot)

10:00 am & 10:30 - 2 to 3 1/2 years (Multi-Sport Parent & Child)

11:00 am - 3 1/2 to 5 years (Multi-Sport Child)

Come and try our Multi-Sport classes for kids ages 16 months to 5 years!

Open House Registration online at <https://sportball-garden-city.eventbrite.ca> SPACE IS LIMITED !

Sportball Parent & Tot(16 months - 2 1/2 years) Toddlers and parents/caregivers focus on physical movements and social exploration, learn fundamental sport skills and participate in creative motor-skill games, songs, stories, bubble time and more. Children are challenged according to their individual skill level and Coaches help grown-ups understand proven teaching techniques that can be applied outside of Sportball classes.

Multi-Sport Parent & Child (2 - 3 1/2 years) Sportball Parent & Child / Me & My Dad programs help pre-schoolers to refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce one of 8 different sport each class using developmentally appropriate games and activities.

Multi-Sport Child (3 1/2 - 5 years) Children learn the fundamentals of eight different sports in a fun, stress-free, non-competitive setting. These classes keep children moving, engaged, and send them with a new skill from a different sport each class. Gives each child a well-rounded sports-base, that promotes independence and leaves room and desire for specialization later on.

Sportball has been teaching children the fundamental skills behind sports since 1995. First across North America, and now, Internationally, Multi-Sport has put thousands of Children on the path to healthy, active living and a life-long love of sport.

COMING SPRING 2019! (Saturdays - March 23 - May 11)

Sportball will be running their Multi-Sport Program at Garden City Community Centre! To register for this 8 week program or to find out more please visit www.sportball.ca/winnipeg/ or call Margie Reis, Program Coordinator, Garden City Community Centre 204-940-6111.

