

725 Kingsbury Avenue
www.gardencitycc.com/seniors

55+ PROGRAM CALENDAR

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| HAPPY THANKSGIVING EVERYONE! | | | | |
| 3 | 4 | 5 | 6 | 7 |
| 55+ Circuit 10:15 am Zumba Strong 11:15 am Bocce Ball 1:00 – 3:00 pm | Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 1:00– 3:00 pm | Line Dancing 9:00 am Zumba – Shirley 10:30 am Bocce Ball 1:00 – 3:00 pm Pickle Ball 1:00– 3:00 pm | Strength & Stretch 9:00 am | Bocce Ball 1:00 – 3:00 pm |
| 10 | 11 | 12 | 13 | 14 |
| CLOSED | Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 1:00– 3:00 pm | Line Dancing 9:00 am Zumba – Shirley 10:30 am Pickle Ball 12:00– 3:00 pm Bocce Ball 1:00 – 3:00 pm | Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 1:00– 3:00 pm | 55+ Circuit 10:15 am Zumba Strong 11:15 am Bocce Ball 1:00 – 3:00 pm |
| 17 | 18 | 19 | 20 | 21 |
| 55+ Circuit 10:15 am Zumba Strong 11:15 am Bocce Ball 1:00 – 3:00 pm | Civic Elections | Civic Elections Bocce Ball 1:00 – 3:00 pm | Civic Elections | 55+ Circuit 10:15 am Zumba Strong 11:15 am Bocce Ball 1:00 – 3:00 pm |
| 24 | 25 | 26 | 27 | 28 |
| 55+ Circuit 10:15 am Zumba Strong 11:15 am Bocce Ball 1:00 – 3:00 pm PASS SALES 12pm – 12:30pm | Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 1:00– 3:00 pm | Civic Elections Bocce Ball 1:00 – 3:00 pm | Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 1:00– 3:00 pm | 55+ Circuit 10:15 am Zumba Strong 11:15 am Bocce Ball 1:00 – 3:00 pm |
| 31 | | | | |
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Program support provided by

