

725 Kingsbury Avenue

[www.gardencitycc.com/seniors](http://www.gardencitycc.com/seniors)

**55+ PROGRAM CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:00– 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	Strength & Stretch 9:00 am Yoga – 10:00 am <b>Senior Skate 11am-12pm</b> Pickle Ball 12:00– 3:00 pm	<b>Line Dancing 9:00 am</b> <b>Zumba Toning – 10:15am</b> Pickle Ball 12:00– 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	Strength & Stretch 9:00 am Yoga – 10:00 am <b>Senior Skate 11am-12pm</b> Pickle Ball 12:00– 3:00 pm	<b>CLOSED</b>
10	11	12	13	14
<b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:00– 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	Strength & Stretch 9:00 am Yoga – 10:00 am <b>Senior Skate 11am-12pm</b> Pickle Ball 12:00– 3:00 pm	<b>Line Dancing 9:00 am</b> <b>Zumba Toning – 10:15am</b> Pickle Ball 12:00– 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:00– 3:00 pm	<b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> <b>Bocce Ball 1:00 – 3:00 pm</b>
17	18	19	20	21
<b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:00– 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	Strength & Stretch 9:00 am Yoga – 10:00 am <b>Senior Skate 11am-12pm</b> Pickle Ball 12:00– 3:00 pm	<b>Line Dancing 9:00 am</b> <b>Zumba Toning – 10:15am</b> <b>PASS SALES 11:45am – 12:00pm</b> Pickle Ball 12:00– 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	Strength & Stretch 9:00 am Yoga – 10:00 am <b>Senior Skate 11am-12pm</b> Pickle Ball 12:00– 3:00 pm	<b>Bocce Ball 1:00 – 3:00 pm</b>
24	25	26	27	28
<b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:00– 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	Strength & Stretch 9:00 am Yoga – 10:00 am <b>Senior Skate 11am-12pm</b> Pickle Ball 12:00– 3:00 pm	<b>Line Dancing 9:00 am</b> <b>Zumba Toning – 10:15am</b> Pickle Ball 12:00– 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	Strength & Stretch 9:00 am Yoga – 10:00 am <b>Senior Skate 11am-12pm</b> Pickle Ball 12:00– 3:00 pm	<b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> <b>Bocce Ball 1:00 – 3:00 pm</b>

Program support provided by

