

725 Kingsbury Avenue  
[www.gardencitycc.com/seniors](http://www.gardencitycc.com/seniors)

**55+ PROGRAM CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:30- 3:30 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	2 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm	3 <b>Latin Line Dancing 9:00 am</b> <b>Zumba Toning 10:15 am</b> Pickle Ball 12:30- 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	4 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm	5 <b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> <b>Bocce Ball 1:00 – 3:00 pm</b>
8 <b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:30- 3:30 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	9 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm	10 <b>Latin Line Dancing 9:00 am</b> <b>Zumba Toning 10:15 am</b> Pickle Ball 12:30- 3:00 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	11 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm	12 <b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> <b>Bocce Ball 1:00 – 3:00 pm</b>
15 <b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:30- 3:30 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	16 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm	17 <b>Latin Line Dancing 9:00 am</b> <b>Zumba Toning 10:15 am</b> Pickle Ball 12:30- 3:30 pm <b>Bocce Ball 1:00 – 3:00 pm</b> <b>Pass Sales 11:15am-11:30am</b>	18 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm	19 <b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> <b>Bocce Ball 1:00 – 3:00 pm</b>
22 <b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:30- 3:30 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	23 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm	24 <b>Latin Line Dancing 9:00 am</b> <b>Zumba Toning 10:15 am</b> Pickle Ball 12:30- 3:30 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	25 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm	26 <b>55+ Circuit 9:15 am</b> <b>Spring Fling 1:00-4:00 pm</b> <b>Bocce Ball 1:00 – 3:00 pm</b>
29 <b>55+ Circuit 10:15 am</b> <b>Zumba Strong 11:15 am</b> Pickle Ball 12:30- 3:30 pm <b>Bocce Ball 1:00 – 3:00 pm</b>	30 Strength & Stretch 9:00 am Yoga – 10:00 am Pickle Ball 12:30- 3:30 pm			

Program support provided by

